



Preston & Wingham Primary Schools Federation



**Learning together, we grow kind hearts  
and healthy minds.**

## Statement of Intent for PE

### Intent

#### Why do we teach this?

We teach PE to promote a healthy lifestyle, positive self-esteem and for children to be actively engaged in physical exercise and see the benefits on their well-being. PE supports our pupils to make links between the school values while developing skills such as teamwork and leadership. Activities have been chosen to encourage enjoyment, engagement, social skills, problems solving activities and opportunity to express themselves.

### Implementation

#### What do we teach and how?

The children are taught progressive skills that enable them to develop their sportsmanship. Children are given an opportunity to experience a range of sports allowing them to transfer these skills and their attitudes as they progress through the school. Lessons are inclusive an endeavour to encourage not only physical development but also well-being for all. We recognise the importance of competition and enable our children to experience this through class, inter-house and school to school competitions. This develops not only their resilience but their attitudes to sport no matter what the outcome.

### Impact

#### What will this look like?

The knowledge and skills the children acquire through the teaching of PE have a positive impact of their well-being, mental, emotional and physical health as well as academic attainment. They will be able to apply their experiences in many aspects of their daily lives from healthy eating, to physical exercise.

**Respect Inclusive Creative Hardworking**